

St. Mary's Academy Charter School's third SHAC meeting for the 2025-2026 school year was called to order at 2:00 PM on February 18, 2026. Five members were present, staff was represented by three members, one parent and one student.

Alice Whitley welcomed everyone and the members present introduced themselves.

Health and Safety Initiatives with current topics and events were presented and discussed.

The American Heart Association has granted SMACS a \$5,000.00 grant for an AED and CPR instruction to be provided for staff. Chairman, Felicia Antu, will contact Mickey at Angle Care Ambulance Service to see if we can get CPR training for staff at a discount. She will report back to the committee at the April meeting. Nurse Seger expressed appreciation for any assistance to train as many individuals as we possibly can.

Coach Valencia reported the results of the "Kids Heart Challenge." This year, 75 students participated raising a total of \$4,173.27 for the The American Heart Association. This program creates awareness that anyone can help save a life through CPR.

March 26, 2026, the "YES" Program will provide Youth Equipped to Succeed training for the 4th, 5th and 6th grade students. This program will cover the required TEKS health requirements for these grades, discussing self-esteem and puberty. Parents will have an opportunity to preview the program the night before. They may view a virtual presentation or attend a session of the presenter reviewing the student program.

It was announced the Coach Valencia is starting the FitnessGram assessment during the 3-5th grade PE classes.

Randi Schauer, of the TX A&M AgriLife Extension office, notified Alice Whitley that SMACS has completed the requirements for the honor of Healthy South Texas Recognized School. She anticipates attending the April meeting and will make the presentation and announcement to the committee.

With no further business to discuss, the meeting adjourned at 2:21 PM.

Next meeting is scheduled for April 30, 2026.